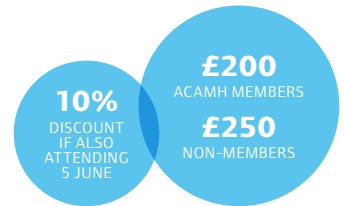


Autism Spectrum Disorders

What clinicians need to know when working with young people and their families

6 – 7 June 2017

ORT HOUSE, 126 ALBERT ST, CAMDEN, LONDON, NW1 7NE



Develop your knowledge and confidence in working with children and young people with ASC, and their families, after diagnosis.

Overview

This two day event is aimed at clinicians who are seeking to develop their knowledge and confidence in working with children and young people with ASC, and their families, after diagnosis. It will focus on techniques and practical strategies to use with parents to help them better understand and manage emotional and behavioural difficulties that so often go hand in hand with ASC.

Why attend?

After you have attended this seminar you will:

- Have a greater understanding of how to support parents following their child's diagnosis of ASC and how to tailor intervention approaches for children and young people with ASC
- Be aware of current ASC guidance shaping practice within CAMHS
- Be able to deliver effective, timely support to parents
- Have a greater awareness of practical, low cost adaptations that can inform positive mental health outcomes for young people with ASC
- Have an understanding of different approaches to supporting young people with ASC and their families which could inform future service provision.

About the speakers

Dr Jenny Milne is a Consultant Clinical Psychologist who worked within the NHS for over 15 years with young people with ASC and their families. She now works independently with a number of private and non-profit making organisations in the assessment and management of social interaction difficulties. She also works with NHS Trusts on waiting list initiatives to help reduce waiting times for ASC assessments. Dr Milne is an ADOS-2 Trainer and is also trained/experienced in a variety of intervention tools and parent and child programmes (for example EarlyBird Plus, Cygnet and Secret Agent Society).

Anna Wilkinson is a Speech and Language Therapist specialising in Autism Spectrum Conditions. She has worked within the NHS and non-profit making organisations for the last 13 years to support children and young people with ASC (alongside their families and the care team involved) within a variety of education and community settings. She is especially interested in supporting clinicians within mental health services to expand their knowledge and confidence in devising creative, flexible ways of working with CYP with ASC to promote service engagement and positive outcomes. She is experienced in 'autism friendly' intervention approaches (such as Carol Gray's Social Stories and Comic Strip Conversations, TEACCH, PECS, Intensive Interaction, SCERTS, Talking Mats and EarlyBird Plus and Cygnet) and adheres to the National Autistic Society's 'SPELL' framework in her practice.

What clinicians need to know

Between them Jenny and Anna have over 28 years' experience working with young people with ASC and their families.

They will use their skills and extensive experience to deliver a two day programme for clinicians which will focus on practical, visual and hands on techniques and strategies to use:

- In sessions with children and young people with ASC to reduce anxiety and promote engagement
- With parents to help them better understand and manage emotional and behavioural difficulties that so often go hand in hand with ASC.

Content

Early intervention post diagnosis:

- Explaining the Diagnosis to Parents – important considerations
- Running an Adjusting to the Diagnosis Workshops with groups of parents.

Themes to bring into parental psychoeducation:

- Teaching parents about the Triad of Impairments
- How to lose the jargon and make it understandable
- The power of real life examples
- The Sensory World – techniques to use to help parents to put themselves in their child's shoes
- Harnessing the Power of Restricted and Repetitive Patterns of Behaviour
- Speaking Their Language – how to help parents to adjust their communication
- Challenging Behaviour – helping parents to understand the function of behaviour
- Emotional Dysregulation – identifying building blocks to stress and anxiety
- Pressure relief valves
- Tools and Techniques to help parents manage behaviour
- Creating Certainty – preparation, planning and predictability – helping parents to create structure in an ever changing and confusing social world
- Helping the Helpers – Ensuring parents get the support they need to support their child
- The Power of the Group – comparing different ASD psycho-education programmes
- Cutting Your Cloth - dealing with financial constraints in the NHS – how to develop a three-session programme to use with parents.

Undertaking interventions with children and young people with ASC – practical considerations:

- Appointment planning – how to prepare for the sessions to go smoothly
- Top tips to promote session engagement
- Tried and tested therapy tools
- Ideas and resource suggestions for groups.

Autism Spectrum Disorders

What clinicians need to know when working with young people and their families

6 – 7 June 2017

TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF: 769

ACAMH Conferences
St Saviour's House
39–41 Union Street
London SE1 1SD

T +44 (0)20 7403 7458
F +44 (0)20 7403 7081
events@acamh.org

To read more about this and future events visit www.acamh.org/events

Booking form

PERSONAL

Title	<input type="checkbox"/> PROFESSOR	<input type="checkbox"/> DR	<input type="checkbox"/> MR	<input type="checkbox"/> MRS	<input type="checkbox"/> MS	<input type="checkbox"/> MISS
Job title					Organisation	
Name						
Dietary requirements						

CONTACT DETAILS

Address type	<input type="checkbox"/> WORK	<input type="checkbox"/> HOME
Address		
		Postcode
Email		Telephone

PAYMENT

ACAMH MEMBER

£200 £180 IF ALSO ATTENDING AUTISM CONFERENCE 5 JUNE

NON-MEMBER

£250 £225 IF ALSO ATTENDING AUTISM CONFERENCE 5 JUNE

Cheque

I enclose a cheque made payable to ACAMH.

Invoice payment

Invoices can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.

Credit card VISA MASTERCARD EUROCARD MAESTRO ELECTRON

For your own security please do not send any credit card details via email.

Name on card			Card number			
Expiry date			CCV			
Issue No (if Maestro)			(last three digits on back of card)			
Billing address						
Cardholder's signature				Date		

Closing date: 1 June 2017. Early application is advised. Confirmation will be mailed out to all delegates who enclose their fee/invoice order. If you have not received confirmation at least one week before the event please contact the Conference Department. Do not turn up on the day without having received confirmation.

Cancellation policy: cancellations received a month in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund. **Data Protection Act:** by signing this application, I agree to ACAMH keeping data about me for the administration of training courses and conferences. All data held by ACAMH is not revealed to any individual or organisation other than that required by statute.